

Paediatric assessment and management of feeding of the NDIS client.

A two day workshop to facilitate knowledge, skills and confidence in assessing and managing a range of paediatric feeding delays and disorders.

Venue: Courtyard by Marriot
7/11 Talavera Rd, North Ryde, NSW, 2113

Dates: Thursday 9th & Friday 10th February, 2023

Time: 8.15 registration, 9.00-5.00 each day

Cost: \$660.00 (incl. GST)

Register: complete form below and email

Enquiries:
admin@speechpathologyservices.com.au
Ph: 97455133

Closing date 2nd February, 2023
Numbers are capped and may fill before closing date

Presenter: Sarah Starr, Speech Pathologist

Accommodation and parking available at venue



Workshop Outline

- 1. What is "normal" feeding? How do our clients fit into this?**
- 2. Factors that impact the development of feeding skills.**
- 3. Origins and causal factors in feeding issues**
- 4. Assessing early feeding issues**
Oral reflexes, sucking, swallowing
Signs of aspiration
- 5. Management of early feeding issues**
Readiness to orally feed
Facilitating feeding whilst tube fed
Choice of oral feeding method/equipment
Successful but safe and practical oral feeding
- 6. Assessment of solid feeding**
Oral sensory and motor status/skills
Swallowing status
Self feeding skills
Environmental factors/input
Parent/carer's involvement/skills
Ability to orally feed with time constraints.
- 7. Assessing cases:**
The refuser, The gagger, the slow feeder
- 8. Assessment of cup and straw drinking**
- 9. Management of feeding issues/goals:**
Assisting transition through textures.
The Stages of food and how to facilitate safe and pleasurable intake.
Improving acceptance, skills and oral intake.
Improving biting, tongue movement and chewing skills.
Facilitating safe and adequate oral intake across environments.
Facilitating self feeding participation and skills.
- 10. Management cases**
Eg tongue thrust, refusal, poor self feeding, poor transition through solid textures, poor chewing
What does a feeding session look like?
Training of parents, carers and support workers
Documenting a meal plan
- 11. Tube to oral management**
- 12. Realistic and practical feeding management in the context of the child's family, care, environments, dietary needs, complex issues and tea**

About the presenter: Sarah Starr

Sarah has extensive experience in the assessment and management of eating, drinking and communication issues. Experience has been gained whilst working at The Spastic Centre, Westmead Hospital, The Children's Hospital at Westmead and in private practice over the past 36 years. Specialising in oromotor movements, oral and craniofacial abnormalities (eg. tongue-tie, cleft palate, dental speech problems), severe feeding aversion and early feeding difficulties (breast, bottle feeding and with solid transition and eating skills. Sarah has wide experience with a range of congenital syndromes, chromosome disorders, cleft palate, developmental delay, brain injury, prematurity, cerebral palsy, disability and autism.

Sarah has many years of experience and speciality in transitioning infants and children from tube to oral feeding. Sarah also specialises in medico-legal assessments and provides regular lecturing and mentoring to students, allied health professionals and parent groups.

Sarah is currently working in private practice with her caseload primarily focused on infant and childhood feeding difficulties including breast and bottle feeding difficulties, difficulties transitioning to solid foods and a range of feeding disorders associated with conditions such as craniofacial abnormalities, down syndrome, autism and congenital syndromes.

About the workshop:

This workshop is designed to have participants involved and to be interactive. Many video examples of cases will be given and practical guidelines and display of feeding equipment and resources (eg manuals, texts etc). There will be time for questions across the modules

The venue:

The venue is fully accessible and morning and afternoon tea and lunch will be provided. Dietary needs will be requested.

Register:

Registration and payment can also be made by filling in the form below and emailing with payment details to: admin@speechpathologyservices.com.au **Cost: \$600 (incl GST)**

Places will only be secured once payment is made. Receipts will be emailed.

Name		Discipline
Email address		
Workplace (name/address)		
Contact phone number		
Credit card number		Expiry
Dietary requirements		

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